



The Journal of Gender, Race & Justice

RESOURCES AND HELPLINES

Warmlines (before a crisis develops) and Lifelines (recommended to contact at the start or midst of crisis):

<https://988lifeline.org/>

<https://www.warmline.org/>

https://translifeline.org/resource_category/hotlines-warmlines/

<https://www.callblackline.com/>

<https://www.deqh.org/>

<https://www.themasgd.org/innara-helpline>

<https://lgbthotline.org/national-hotline/>

<https://strongheartshelpline.org/>

<https://thrivelifeline.org/>

<https://www.crisistextline.org/text-us/>

<https://lgbthotline.org/youth-talkline/>

<https://www.1800runaway.org/>

<https://stevefund.org/crisistextline/>

<https://www.thetrevorproject.org/get-help/>

<https://www.rainbowyouthproject.org/mental-health-care>

Transgender and Nonbinary Resources:

<https://oneiowa.org/resources/transresources/>

<https://transgenderlawcenter.org/get-help/>

<https://transgenderlawcenter.org/trans-agenda-for-liberation/>

Immigration-related Resources:

<https://reprolegalhelpline.org/your-rights-when-contacted-by-immigration/>

https://www.ilrc.org/sites/default/files/documents/red_card-self_srv-english.pdf

<https://www.ilrc.org/sites/default/files/2025-01/Artwork%20for%20Printing%20Your%20Own%20Red%20Cards%20-%20Spanish.pdf>

<https://www.ilrc.org/red-cards-tarjetas-rojas>

<https://www.aclu.org/know-your-rights/immigrants-rights>

Mutual Aid:

<https://iowamutualaid.org/>

<https://www.mibfc.org/#:~:text=The%20MIBF%20is%20a%20revolving,the%20bonds%20that%20were%20set.>

<https://www.theokraproject.com/>

<https://transresistancenetwork.wordpress.com/request/>

General Resources:

<https://iowasafeschools.org/>

<https://counseling.uiowa.edu/about-us/contact-and-locations/embedded-therapist-college-law>

<https://wellbeing.uiowa.edu/247-crisis-support>

<https://www.lavenderlegalcenter.org/>

Data Privacy:

<https://www.wired.com/story/politics-lab-keeping-your-personal-data-safe/>

<https://indivisible.org/resource/safety-security-and-digital-preparedness-second-trump-administration>

<https://www.theguardian.com/technology/2024/nov/20/how-to-opt-out-location-sharing-smartphones>